

# **24 HR PATIENT HOLTER INSTRUCTIONS**



You have received a DL800 Holter Monitor. Your doctor has ordered this device for you to wear 24 Hours.

# Included:

- **DL800 Monitor**
- Hook Up Kit—Includes all supplies you will need for testing period
- UPS Return Mailer and Label

For Assistance Please Call Support 1-877-593-6421

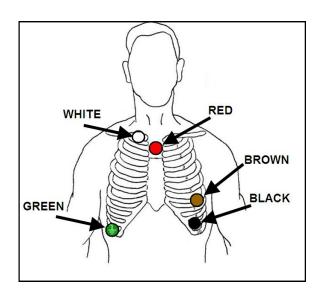
Monday-Friday 8:30AM-4:30PM EST

# TEST PROCEDURE

# **Skin Prep:**

- Shave area (if applicable)
  Clean skin (Soap and water or alcohol wipes)
  Use Buff pad to remove dead skin from area
- 2) Snap colored leads onto electrode stickers found in kit.
- 3) Peel off backing to electrode stickers and apply to chest per diagram To the Right Insert one AA battery (supplied in kit) 1 battery will last entire test
- 5) Press any button on device to turn it on.





Enter Patient ID Number of your choosing. This can be any number. We recommend last 4 of your Phone Number

Scroll the numerical line using the LEFT AND RIGHT ARROW keys:

Highlight the first digit you need and press the ENTER key.

Repeat that process for each desired digit.

When you're done choosing the ID number, use the arrow down key to highlight "OK:"

Then press the ENTER key again to return to the patient information screen.

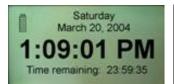
PLEASE NOTE: The ID number is the only piece of patient information you need to enter. There is no need for you to enter name, address etc.

Use the LEFT AND RIGHT ARROW keys to move past "CH1, CH2, CH3, and START:" tabs to the "SETTINGS" tab

# When you're ready to start monitoring:

You will see a message saying: "Press the \_\_ to start recording."

Press the ENTER key if you're ready to start recording..



Device will display clock and Time Remaining. This indicates that the recording has been started.

Do not remove battery from this point forward or risk losing recorded data!



# BÎTEI\* HEART CardioNet & LifeWatch

# **DL800 HOLTER INSTRUCTIONS (CONTINUED)**

# **IMPORTANT**

Do not remove battery for any reason once testing has begun. Removal of battery will result in loss of data.

# **WARNING—EARLY OUT PROCEDURE**

If Test must be stopped early, you must follow EARLY OUT PROCEDURE to prevent loss of data.

To initiate the EARLY OUT PROCEDURE hold the ⊲ and ENTER button simultaneously. Press ENTER to complete test.

### RECORDING SYMPTOMS

Please list activities and symptoms in the paper "Holter ECG-Patient Diary" booklet included in your supply kit.

Make certain to include this paper diary when returning the equipment.

# **RETURNING THE MONITOR**

- Discard used electrode patches, etc...
- Pack the monitor/pouches/Paperwork in plastic case.
- If monitor was not worn, please include note stating it was not used.
- Pack and seal the plastic case in the UPS mailer.
- Drop off at any UPS store/UPS Drop Box.
- If you cannot drop device off at UPS, you can arrange a NO CHARGE pick up by calling 1-800-823-7459. When asked which company you are calling for state you are "Returning device to CardioNet"
- Write down tracking number for your records.



UPS Pick-UP: 1-800-823-7459