**Quick Start Guide**

**Blood Glucose Monitoring System**

All images are for reference only

**BEFORE YOU START**

Before first use, charge the glucose meter for at least 6 hours with the AC charger included in your kit. Conduct a Control Solution Test per instructions in Section D.2 of the BioTel Care BGM® User Manual. Wash your hands and testing site with warm water and soap. Dry your hands well. Clean and disinfect your lancing device after every use. Clean and disinfect your meter at least once a week. Please refer to details in the manual.

**TAKE A BLOOD GLUCOSE TEST**

1. Power on and insert a new test strip until it is fully seated and Apply Blood appears.
2. Insert a new lancet into the lancing device and twist off its plastic cap.
3. Adjust the cap to your desired puncture depth level.
4. Using your thumb, push the sliding button back. You will hear a click, indicating that the lancet carrier is locked into position.

**IMPORTANT:** The lancing device is intended for single patient use.
BLOOD GLUCOSE TEST CONTINUED

1. Position the end of the device against the side of the fingertip. Press the trigger button to actuate the lancet.

2. Make sure the APPLY BLOOD screen is displayed. Touch the blood drop until the end is filled. After the test strip is filled, the device will display a countdown while calculating the reading.

The BioTel Care BGM® will automatically send the results to the server. A response message from the server will be displayed if the results are sent successfully.

3. Your test result will appear after the countdown is over. Select a Reading Tag during or after the countdown. Press the CONTINUE button to confirm your selection and send your result.

4. Touch the blood drop until the end is filled. Your test result will appear after the countdown is over. Select a Reading Tag during or after the countdown. Press the CONTINUE button to confirm your selection and send your result.

5. After the test strip is filled, the device will display a countdown while calculating the reading.

6. Press the ADD LOG button on the Home Screen OR Logs Screen to create a new log entry.

7. Press the SUBMIT button to save and upload the new log entry to the server.

VIEW AND ADD LOGS

1. On the Home screen, press the LOGS icon OR use the buttons to access the logs.

2. Press the FILTER button to only view certain types of logs.

3. Swipe Up/Down OR use the buttons to scroll through stored readings and other entries.

4. Press the ADD LOG button on the Home Screen OR Logs Screen to create a new log entry.

5. Press the EDIT button to create or delete new types of logs.

6. Press the CREATE A LOG button to proceed to the screen where you can enter the value, tag and timestamp of a log entry.

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