

**PHILIPS**

An affordable option for patients  
needing anticoagulation therapy\*

# Ready for self-testing

Our Get Started Guide can help you make it  
happen with the CoaguChek® Vantus system and  
Remote INR.

If you're ready to enjoy the freedom and convenience of self-testing,  
our Get Started Guide has everything you need to talk with your doctor  
about simplifying your INR routine – in a few easy steps.

## Step 1 See if self-testing is right for you.

Before you talk to your doctor, you want to make sure self-testing fits your needs and lifestyle.  
If most of these factors apply to you, then you're probably a good candidate for self-testing.<sup>1</sup>

- You want to have more control over your INR management and care.
- You'd like the freedom to test at home, or wherever it's convenient.
- You'd prefer an alternative to drawing blood from a vein.
- You can perform a self-test or have a caregiver who could assist you.
- You want the peace of mind and confidence that comes with knowing your number.

**Does this sound like you?** Then you're ready to talk with your doctor.  
Bring this guide to your next appointment and ask about the  
CoaguChek Vantus system and **Remote INR**.



**Remote INR**

\* Patient self-testing services are typically covered by Medicare and most insurance providers' coverage, reimbursement and out-of-pocket costs depend on a number of factors and vary by plan.

## Step 2 Ask your doctor about the benefits of self-testing.

The CoaguChek® Vantus system and **Remote INR** cover everything you need to quickly and easily test your INR values from home, or anywhere that's convenient for you.<sup>2</sup> The CoaguChek Vantus system provides fast and accurate results that you'll report to Remote INR, which makes them available to your doctor.

- You report your results to Remote INR online, by phone or wirelessly using Bluetooth®-enabled meter\* and the Remote INR Mobile App
- Remote INR sends the results to your doctor, and your doctor will adjust therapy as needed.

### It's convenient.

No need to leave your home. Get lab-quality results in about one minute with a simple and easy-to-use meter.

### It's affordable.


Covered by Medicare and many insurance plans.  
(Coverage varies based on your condition and other factors.)

### It's easy.

You'll get support every step of the way with Remote INR.

\*Bluetooth connectivity requires a smartphone or tablet. Minimum specifications required.

## Reasons for self-testing.

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- One drop of blood.
  - It helps you stay on track.  
(A study has shown that self-testing may result in increased time in therapeutic range.)<sup>3</sup>
  - Test anywhere, anytime.<sup>2</sup>
  - Small, portable meter.
  - No trips or waiting at the doctor's office or lab for INR results.
  - Results in one minute.

If you and your doctor agree self-testing is right for you, then you're ready to get enrolled!

## Step 3 Get started self-testing with Remote INR.

### How it works:

#### 1 Your doctor sends in your patient information.

Your doctor submits the Physician Order Form (located on page 4) and Patient Insurance Data online at [gobio.com/inr](http://gobio.com/inr) or by fax.

#### 2 Remote INR confirms your coverage.

We'll contact your insurance company and provide you with estimated out-of-pocket costs. If you decide not to pursue self-testing, we'll notify your doctor.

#### 3 Remote INR schedules your patient training.

You can be trained in the clinic by your doctor's office or at home by one of our certified trainers. During training, you'll learn the importance of testing as prescribed and how to:

- Use the meter
- Report test results
- Order testing supplies

#### 4 Remote INR manages results and compliance.

We'll collect and communicate all results and notify your doctor ASAP of out-of-range results. We also have a convenient adherence program that helps keep you on schedule and reminds you if you miss reporting a result.

#### 5 Remote INR provides ongoing service and support.

We provide testing supplies to you and the manufacturer provides technical support (7AM – 11PM ET) for the meter.

Find yourself at the heart of convenience with the CoaguChek Vantus system for self-testing and Remote INR.

\*Your patient enrollment status can be viewed online at [gobio.com/inr](http://gobio.com/inr)

## Questions?

Visit [gobio.com/inr](http://gobio.com/inr) or call 1-800-780-0675

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# Remote INR

1 J. Douketis, "Patient self-monitoring of oral anticoagulation therapy," American Journal of Cardiovascular Drugs, 2001;1(4): 245-251.

2 The CoaguChek<sup>®</sup> XS system may be used up to a maximum altitude of 14,000 feet. Internet availability required for wireless reporting. 2net<sup>™</sup> Hub transmitter works only in the United States and requires a reliable cellular connection.

3 DB Matchar et al., New England Journal of Medicine, 2010.

# Remote INR

## Physician order for PT/INR patient self-testing

Complete all sections. To avoid delay in processing, completion of fields with (\*) are required

- Sign and date form
- Fax the completed form to Remote INR Patient Services (see below)

1	Patient first name*	MI	Last name*	Legal gender _ M _ F	DOB (mm/dd/yyyy)*
	Home address*		City*	State*	Zip/postal code*
	Primary phone # 1-	Secondary phone # 1-		Patient email (if available)	
	MRN # (Medical record number, if applicable for EHR connectivity)			MRN #2	

**2 Patient diagnosis code\* (Complete all that apply)**  
Based on diagnosis of the patient's condition, enter all the applicable ICD-10 diagnosis codes. Below are commonly used ICD-10 diagnosis codes for patients who are monitoring PT/INR at home. This is not a complete list of possible codes. You may also enter separate code(s) in Other. For a full list of ICD-10 codes recognized by CMS, please visit <https://www.cms.gov>

<input type="radio"/> Z79.01 - Long term (current) use of anticoagulants	<input type="radio"/> Z95.2 - Presence of prosthetic heart valve
<input type="radio"/> I48.11 - Longstanding persistent atrial fibrillation	<input type="radio"/> I26.99 - Other pulmonary embolism without acute cor pulmonale
<input type="radio"/> I48.21 - Permanent atrial fibrillation	<input type="radio"/> D68.59 - Other primary thrombophilia
<input type="radio"/> I48.0 - Paroxysmal atrial fibrillation	<input type="radio"/> Other - _____

**3 Therapeutic range**

Low:\* \_\_\_\_\_

High:\* \_\_\_\_\_

**4 Notification range**

INR results that are <1.8 and >4.5 will be called unless otherwise specified below.

Below: \_\_\_\_\_ Above: \_\_\_\_\_

**5 Prescribed frequency**

Tests per month (select one)\*

While patient self-testing can be prescribed at any frequency, the following options are offered:

2-4      Weekly      **Note Medicare will cover up to one test per week**

**6 Patient results contact**

Contact for patient results	Title	Phone (Out of range)* 1-	FAX (All results)* 1-	Contact email
Practice/Clinic name				
Clinic street address*	Suite #	Clinic city*	Clinic State*	Clinic zip*

**7 Patient training face-to-face training is required\***

**Note:** Remote INR Patient Services will train your patient unless one of the options to the right is selected.

By Clinic/Practice (Training contract with CPS must be in place)  
Physician certifies patient was face-to-face trained on the Remote INR PT/INR monitoring system

**8 Physician authorization (Signature and date must be hand-written or e-signed)**

This form serves as a Physician's Order for the Remote INR PT/INR monitoring system for Patient Self-Testing and related supplies. I certify that this patient has been on oral warfarin therapy for more than 3 months and is a suitable candidate for self-testing. At this time, the patient or his/her caregiver has no condition that makes self-testing unsafe (e.g., cognitive and/or physical disorders). I agree to notify Remote INR if self-testing is no longer prescribed for this patient.

Sign & date	Prescribing physician signature*	Date (mm/dd/yyyy)*	Physician NPI*
	Prescribing physician printed*	Physician primary phone # 1-	Physician FAX# 1-

**Note** If Physician primary phone/fax is left blank, the contact information in Section 6 (patient results contact) will be used for contacting physician as needed.

**9 Insurance information** ☐ No Insurance Coverage To expedite patient enrollment please include a copy of front and back of patient's insurance card

Primary health insurance information	Insurance company	Policy ID#	Customer service phone # 1-
Secondary health insurance information	Insurance company	Policy ID#	Customer service phone # 1-

Please fax completed form to the central office<sup>§</sup> Phone: 1-800-780-0675 Fax: 1-800-779-8560

<sup>§</sup>Your patient will be served by the applicable regional office. Please refer to the Remote INR Regional Offices map. ([gobio.com/inr/](http://gobio.com/inr/))