

How to perform a Remote INR self-test

Testing your INR with a CoaguChek Vantus meter is convenient and easy

1. Wash your hands in warm, soapy water. Be sure to rinse and dry thoroughly.
2. Place the meter on a secure, level surface, such as a counter top, table or hold it horizontally in your hand.
3. Remove a CoaguChek PT Test Strip from its container. Close the container immediately with the stopper.
4. Slide the CoaguChek PT Test Strip into the monitor in the direction of the arrows. Slide the test strip in as far as it will go.
5. Wait for your meter to warm up. An hourglass icon will appear on the display. Once you hear a beep, the meter is ready. You will have 180 seconds to apply blood to the clear window on the strip.
6. Use a fresh lancet and lancing device to draw a drop of blood from the side of your fingertip. It's important to apply the blood drop to the strip within 15 seconds of drawing it.
Tips to get a good blood sample:
 - Gently shake your arm down at your side for about 30 seconds.
 - Massage the finger to be pricked.
 - Warm your hand by holding it under your arm or using a hand warmer.
7. Apply the blood drop to the test strip until the meter beeps. The meter will beep again, and the results will appear on the screen - this is your INR value.
8. Report your results wirelessly to Remote INR with the Bluetooth-enabled CoaguChek Vantus system, by calling us at 800-780-0675 or through the Remote INR secure online portal.**

9. The CoaguChek Vantus system may be used up to a maximum of 13, 120 feet.

** remoteinr.com/us

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